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Student assessments are an important component of your E-Rate Compliance audit report. If beginning the i-SAFE program with these lessons, administer the pre-assessment online at www.isafe.org by clicking on the link, Assessments, prior to the lesson. To verify School ID#, login at www.isafe.org, go to the My Info page and select “Find your school ID.” After the last i-SAFE lessons, direct your students to take the online post-assessment. Assessment data can be used by your school/district as a reliable measurement of your Internet safety education policy.

Cyber Harassment – Bullying and Stalking Online

Webcast Lesson Plan

i-SAFE Lesson Plan

Suggested Grade Levels – Middle and High School

Description

This Webcast is designed to increase student awareness of the problems associated with online communication primarily the various aspects of cyber harassment, including cyber bullying and cyber stalking. The primary objective is to enable students to make responsible choices while online and to empower them to be better cyber citizens.

This lesson is composed of several key elements:

- 1) The Webcast viewed on dvd
- 2) Directed discussion breaks during the Webcast for students in the classroom, facilitated by the classroom instructors
- 3) Cooperative group enrichment activities at the conclusion of the Webcast.

Obtaining the Webcast Video

- A 45-second preview of the webcast is available on the i-SAFE Web site.
- The webcast DVD is obtained by submitting an online Implementation Plan for any of the grades 6 – 12.
 - NOTE: Do NOT Check the selection: “I do not need materials for this event.” You will be prompted about how to order the DVD.
- The webcast DVD, containing all 8 Webcasts, may also be purchased directly at <http://auth.isafe.org/store/>.

Learning Objectives

The objectives of this lesson are to enable students to:

- understand the potential for online harassment during cyber communication
- understand the resources available if being cyber bullied or stalked
- understand consequences for those who participate in online harassment

Enrichment Goal

Learners will interact in the classroom environment through group discussion and examination of online privacy issues. Learners will be provided with materials to engage in an enrichment activity, which includes creating awareness about Cyber Bullying issues and/or working to promote anti-cyber bullying policies within the school and community.

Materials / Preparation

- Prepare to view the Webcast, Cyber Harassment: Online Bullying and Stalking
- a copy of the Enrichment Activity page: Awareness to Policy – Addressing Cyber Bullying Issues
- online i-Mentor registration (each student) to receive supporting online training videos and Student Toolkit materials

Pre Assessment

If beginning the i-SAFE program with this lesson, administer the pre assessment online at www.isafe.org by clicking on the link, Assessments, prior to the lesson. To verify School ID#, login at www.isafe.org, go to the “My Info” page and select “Find your school ID”.

Lesson Procedures

Activity 1

Pre Webcast Discussion

Introduce the topic: Inform the students that today they will be talking about the social issue of cyber harassment.

Play the Webcast; pause at the first discussion break.

WEBCAST—CYBER HARASSMENT

Synopsis of Webcast—Part I

Hosts Chris and Brittany define cyber bullying and cyber stalking. They refer to statistics to show how common bullying is online.

Discussion 1

This is the first discussion break in the Webcast. Lead the students in a discussion by utilizing the following questions:

Question #1: Have you ever been bullied or witnessed bullying online?

Question #2: How were you affected?

Question #3: Do you know anyone who has been stalked online?

Play the Webcast; pause at the next discussion break.

Synopsis of Webcast—Part II

The devastating effects of cyber bullying are examined and Chloe introduces the story of Ryan Halligan.

Discussion 2

Use the following open-ended questions as a guide to facilitate a preliminary discussion about the legal aspects associated with cyber bullying and harassment.

Question #1: When does your right to free speech interfere with other people's right to privacy and a good reputation?

Question #2: If you could make the laws concerning harassment online, where would you draw the line?

Play the Webcast; pause at the next discussion break.

Synopsis of Webcast—Part III

Chris and Brittany explain the criminal and civil laws on the books that protect victims from cyber bullies and stalkers.

Discussion 3

Use the following open-ended questions as a guide to facilitate a discussion about the concepts associated with prevention of cyber bullying and harassment.

Question #1: What can you do to prevent being bullied or stalked online?

Question #2: If you do become a victim, what steps can you take ensure you're safety?

Play the conclusion of the Webcast

Synopsis of Webcast—Conclusion

Chloe explains ways to protect yourself against cyber bullies and discusses the warning signs that your friend may be a victim of cyber harassment. The Webcast is concluded with a wrap-up and introduction of possible community outreach options available to students.

Final Discussion

Upon the conclusion of the Webcast, allow students to discuss the following:

Question #1: Why is it important to discuss issues like cyber bullying and harassment?

Question #2: How can knowing about the issues help? (prevention, helping friends, knowing what to do, etc.)

Question #3: Is it important to inform others on this issue? Who else might need to know about it? (other students, faculty, parents, etc.) How can you reach others with this important message?

Conclusion

- Lead into a discussion about the Enrichment Activity.
- Provide copies of the reference pages: *Road Rage - Cyber Bullying Awareness* for each student.
- Discuss why it is important for students to share what they know about Cyber Bullying safety.

Enrichment Activity

i-SAFE provides the easy to access i-Mentor Training Network videos at no cost to help students share their knowledge about Internet safety with the uninformed. The 8-10 minute videos provide specific "how to" information on accomplishing i-SAFE outreach activities. They are available to students by going to the X-Block at www.isafe.org and selecting the i-Mentor Training Network.

The enrichment activity for this lesson is to engage students in an activity to promote cyber bullying awareness and anti-cyber bullying policies within the school and community.

Student Instructions:

Registration

1. Go to www.isafe.org and register
2. Download the i-SAFE Student Toolkit and refer to the section on community posters

Part 1

Awareness – Poster Campaign

- Refer to the reference pages on cyber bullying on Internet safety poster development
- Research and decide on a group or area that could benefit from posters on the selected topic.
 - Brainstorm—where could you hang posters on this topic?
 - Some possibilities: Library, school, mall, airport, etc.
- Contact the group/person in charge of the areas you select to ask permission to hang posters. If needed, be prepared on your topic so you can "sell" them on the idea over the phone. (i.e. explain the benefits, issues, etc. and why your posters will help.)
- Decide on number of posters needed.

Design and Hang Posters

1. Design posters using the reference pages on cyber bullying.
2. Create posters.
3. Have others "proof" posters to ensure no mistakes have been made.

4. Hang posters in a public area.

Part 2

Promoting anti-cyber bullying policy

1. Refer to the reference page on promoting anti-cyber bullying policy.
2. Research the anti-bullying policy used at your school. Does it include provisions for cyber bullying incidents?
3. Using the information you learned from the webcast and the reference pages create a policy, including guidelines/rules that would ensure student safety from cyber bullying at school.
4. Meet with a teacher or other school advisor to review the policy and create in final format.
5. Meet with school administrator or student council to present the anti-cyber bullying policies and rules.
6. Use the posters created in Part 1 to support awareness of the issue.

Post Assessment

Administer the post assessment online at www.isafe.org by clicking on the link, Assessments, if this is your last lesson for i-SAFE. To verify School ID#, login at www.isafe.org, go to the "My Info" page and select "Find your school ID".

Related Lessons

The i-SAFE lessons: Social Issues (webcast) and Cyber Bullying grades 6-8 provide additional related information.

Contact us

We'd like to hear from you! E-mail teachers@isafe.org to share any unique ideas and/or experiences you had during implementation of this lesson.